

UNIT 1 LANGUAGE SUMMARY

Verb phrases

Accomplishments

break a record
face your/a fear(s)
get a lot of likes
have a sense of humor
rise to a challenge
run a business
run a marathon
set a goal for yourself
take pride in something
tell a joke
win a medal
work with your hands

Talking about goals and accomplishments

Every year I set myself a goal of learning a new skill.
I'm saving money to open a small studio.
I faced my fear, went in there, and caught that spider.
I was working at a summer camp when it happened.
I've done a lot of different things.
This year I've been learning computer animation.

Discussing job applicant qualifications

She's working on a community art project now.
He's thinking of looking for a new job.
She said she's being really careful with social media.
She wants to be successful in her job.
I think he'd be good with customers.
She's a responsible person.

Adjectives and nouns

Key qualities

ambitious / ambition
confident / confidence
creative / creativity
curious / curiosity
enthusiastic / enthusiasm
experienced / experience
independent / independence
polite / politeness
qualified / qualification(s)
responsible / responsibility
successful / success
truthful / truthfulness

Meeting someone for the first time

I don't think we've met before.
You're new here, right?
Is this your first day?

Introducing someone to a coworker

Do you know anyone here?
Let me introduce you to some people.
Have you met ... ?
Do you two know each other?

Responding to an introduction

Yes, we met this morning. Nice to see you again.
Yeah, we go way back. How's it going?
I'm not sure, but hi, I'm ...
No, I haven't / don't. Hi, I'm ...

Insider English

I'm loving it!

Writing a comment on an article

Thank you for the really useful information.
The advice you give in this article is completely right.
I'm sorry, but I think you're being a bit unrealistic.

Useful phrases

A college degree probably isn't necessary, but ...
A tour guide needs to be friendly, organized, ...
Previous experience would be ...
Why do you want to be a ... ?
Do you have any previous experience?
In the past, I have ...
I think ... is the best candidate.
She studied history, ...
... would be a good employer because ...
I wouldn't want to work for ... because ...

UNIT 2 LANGUAGE SUMMARY

Verb phrases

Trends

be a fad
be a thing of the past
be all the rage
be fashionable
be old-fashioned
be on the way out
be the latest thing
be the next big thing
be trendy
come back in style
gain interest / popularity
go out of style
lose interest / popularity

Talking about ways to not waste food

Restaurants offer a doggy bag if you want to take food home.
If you prefer good flavor to good looks, you'll love his food.
I might agree to try something if that chef serves it.
If it tastes good, eat it!
If you have old fruit, make a smoothie!

Talking about preparing food

After you hear the recipe, you'll want to try it.
Your guests will be so impressed when they try it.
You'll have to wait about five days until the kimchi is ready to eat.

Nouns

Food

cabbage
eggplant
garlic
ginger
mint
pineapple
shrimp
tuna
zucchini

Verbs

Preparing food

barbecue
boil
chop
fry
rinse
stir

Making offers of food and drink

Can I get / offer you ... ?
Would you like / care for a ... ?
Here / There you go.
Anyone else want ... ?
Help yourself!

Accepting offers

Thanks, that's great.
Awesome, I'll check it out.
That'd be wonderful.

Refusing offers

No, I'm good.
No, but thanks anyway.
I better not.

Acknowledge an acceptance

You got it!
Coming right up!
One sec.
I'll be right back with that.
Sure thing.

Insider English

be trending

Glossary

doggy bag
dumpster

Writing up survey results

Our survey shows that ...
A little over half of those we surveyed ...
About 31% of people interviewed said ...
In this region, 10% fewer people reported ...

Useful phrases

To me, the biggest problem is ...
They could solve this by ...
If they only serve ... , more people will ...
To improve ... , they could ...
If they ... , customers will ...
They could try ...
We suggest three main changes: ...
If this restaurant wants to stay open, it'll have to ...
After they redecorate, they'll need to ...

UNIT 3 LANGUAGE SUMMARY

Nouns and noun phrases

Time and money

balance
cost of living
lifestyle
quality of life
standard of living
time well spent

Verbs and verb phrases

Time and money

be worth it
boost
can't afford
take a salary cut
trade
value

Talking about acceptable and unacceptable conditions

Most people don't have enough time.
I was spending too much time on a bus.
My commute is just long enough to help me relax.
I'm not too tired to play with the kids when I get home.

Talking about relative value

It was by far the best coffee I've ever had.
It was nowhere near as expensive as my usual coffee shop.
It's a little busier than other places.
The price can be much cheaper or a whole lot more expensive.
A gourmet burger may be a whole lot more expensive, but it is by far the most delicious.

Verbs phrases

Prices and value

charge for
come up with
depend on
have an effect on
invest in
make the most of
pay a fair price for
play an important role in
rely on
suggest a price for
take advantage of
treat yourself to

Apologizing

I'm really sorry.
I am so sorry.
I can't tell you how sorry I am.

Explaining what happened

You'll never guess what I did.
I just did the dumbest thing.
I can't believe I ...

Responding to an apology

It's not the end of the world.
It's really no big deal.
Don't beat yourself up about it.

Insider English

Oh no, don't tell me ...
You get what you pay for.

Writing a product review

I was really pleased with this product.
I like the fact that they ...
Great value for your money!
I highly recommend them.
I was very disappointed with this product.
It's a complete waste of money!
By far my worst purchase ever!

Useful phrases

I had to put together a bookcase once, and it was ...
I think the cruise ship passenger feels ...
The parent didn't give more than ... stars.
First, I think we should apologize to the passenger because ...
We could offer a replacement for the bike, but ...
We've decided to send them an email and apologize for ...
Maybe call them instead of emailing.
It's more personal.

UNIT 4 LANGUAGE SUMMARY

Nouns

Advertising

ad / advertisement
brand
commercial
fashion statement
logo
merchandise
merchandising
products
slogan
sponsor
status symbol

Verbs

Advertising

advertise
sponsor

Speculating about sports business

You might think that the money comes from ticket sales.

If it's three times the price, then it must be real.

If teams don't have sponsors, they can't be taken seriously.

It can't be an actual game.

It must be during practice.

He might be teaching him to play soccer.

Talking about viral stories

The internet is full of stories that we see and share.

Murtaza was an Afghani boy who made a copy of his hero's jersey.

He got to travel to Qatar, where his dreams came true.

Tell me about a performer who you really admire.

Nouns

People in the media

audience
celebrity
comedian
designer
DJ
entertainer
filmmaker
hero
icon
model
(movie) producer
performer

Exchanging opinions

As I see it, ...

I find it/that (really boring).

I really think (you'd enjoy it).

It's not so much that ... , it's just that ...

Discussing opinions

Now, just a second. ...

That's a good point, but ...

But the thing is, ...

That's true, but ...

Making opinions more emphatic

That's not true at all.

I couldn't disagree more.

You have it all wrong.

Insider English

flip-flops

Writing a response citing reasons and consequences

Due to their work schedule, the all-night store is their only option for grocery shopping.

Thanks to the fact that they're part of a chain, they can offer lower prices.

This is a shame, as we're losing more than stores.

Consequently, a lot of independent stores are closing.

As a result, the little shops that sell fruit and vegetables have closed.

Useful phrases

The ad for ... uses ...

The people in the ad look like they ...

Ads for ... make me feel ...

How about a food product?

Let's use the ... technique.

We could use images of ... to advertise it.

The central idea of our product is ...

The advertising technique we plan to use is ...

UNIT 5 LANGUAGE SUMMARY

Nouns

Story types

coming-of-age story
family saga
feel-good story
hard-luck story
horror story
human interest story
love story
mystery
personal tragedy
success story
tall tale
tearjerker

Talking about stories

It's about a man and a woman who had secretly loved each other for years, but they'd never even spoken.

A woman had written stories for years but hadn't had the courage to submit them.

She had been married to an Englishman, but she left him to fight with Simon Bolivar.

Talking about changes to plans

We were going to get together last night, but she was held up at work.

An hour before we were supposed to meet, she texted me to cancel.

I was going to visit my cousin in Miami, but I realized I had forgotten my passport.

Verb phrases

Plans

be held up
cheer up
end up
get together
give up on
go ahead
hang out with
let someone down
look forward to
make up
mess up
split up

Reacting to a problem

I don't understand.

Would you mind taking another look?

Can you check again, please?

There must be some kind of mistake.

Asking for a solution

There must be something you can do.

I'd like to speak to the manager, please.

Is there someone else I could speak to about this, please?

Accepting a solution

That'll work.

I'm glad it's / that's settled.

Accepting bad news

That's not what I was hoping to hear, but what can you do?

Well, it is what it is.

Well, that's life.

That's too bad, but hey, ...

Insider English

whodunit

What's up with ... ? / Something's up.

Glossary

strive

deliver

launch

fall short

Writing a formal apology

Avoiding repetition

We fell short of this commitment.

We apologize for our mistake.

We are deeply sorry for failing to keep our promise to you.

Useful phrases

They are going to ...

I think they're planning to ...

I think they're probably going to ...

And then they might ...

They definitely won't ...

So this is what I know: ...

She/He was supposed to ...

But instead she/he ...

From the woman's point of view, ...

UNIT 6 LANGUAGE SUMMARY

Verbs and verb phrases

Doing good works

bring (people) together
connect with
donate
get involved with
get to know
help out
join
pass on
take care of
take part in
volunteer

Talking about good works

The Center is designed to bring elderly people together.
Supplies are always needed at the shelter.
Second chances aren't given out all the time.
The café was set up to help people learn a skill.
My life was changed by this place.
Friends of the Earth was founded in 1969.

Talking about doing good deeds

An act of kindness must be met with gratitude.
Your gesture might not always be accepted with a smile.
Efforts to help can be interpreted as unwanted attention.
A kind act will not be carried out if it is too difficult.
Money should be given to organizations, not individuals.
Our taxes should be spent on helping people.

Word families

Good deeds

help / help / helpful / lend a helping hand
– / gratitude / grateful / show some gratitude
– / kindness / kind / act of kindness
think / thought / thoughtful / thoughtful gesture
appreciate / appreciation / appreciative / show your appreciation
– / reward / rewarding / ... is its own reward

Offers of help

Making offers

Would you like to sit?
Let me (share my umbrella with you).
Let me give you a hand with that.
Can I help you with anything else?

Refusing offers

I'm OK. Thanks anyway.
You don't have to do that.
I can manage.
Nope, it's all good.

Accepting offers

OK then, thanks.
That very nice / kind of you.
Thanks, I really appreciate it.

Imposing on someone

I'm sorry to have to ask, but is it OK if ... ?
I don't mean to be rude, but would you mind ... ?

Insider English

I insist.
jump / cut the line

Glossary

shelter (n)
stray (adj)
overpass

Writing a report citing opinions

A spokesman promises that pollution will be reduced: "We live in a very gray city, but ..."
When asked for comment, one driver said, "I drive to work every day ..."
However, a pedestrian disagreed: "A road is a road. They can ..."

Useful language

We're going to focus on ...
We're going to create ...
The project will help the area because ...
Our group decided to ...
Your project could be improved by ...
Have you thought about ... ?
Our project is called ...
We decided / thought that ...
We chose to ... because ...

UNIT 7 LANGUAGE SUMMARY

Verbs

Communication

catch up with
comment
congratulate
contact
criticize
explain
gossip
inform of
keep in touch with
mention
persuade
reply to
report
respond to

Talking about messaging apps

One new arrival explained that the app allowed him to contact his family. Some immigrants commented that WhatsApp had eased their sense of isolation.

Greenpeace recently reported that use of their stations had increased greatly. Their families persuaded them to buy a smartphone.

Bernard said that he used WhatsApp for everything, for work and pleasure.

Celia stated that she only uses it for meeting friends.

Talking about preferred ways to communicate

We asked them if they preferred to communicate by text or face to face.

We asked them who they thought it was appropriate to text.

We asked them how often they posted to social media.

Maria asked me if I preferred to contact coworkers by email, text, or phone.

I said that I liked to call people. It's much quicker.

Nouns

Online communication

clickbait
geo-tag
hashtag
lifecaster
lurker
meme
newsfeed
podcaster
profile
status update
tag
timeline
trending topic

Recounting a conversation or story

I heard that (David missed the wedding).

Apparently, ...

Someone told me that ...

He was like, "Of course!"

Well, turns out, ...

You'll never believe / guess what happened!

What happened was, ...

The funny / strange thing was, ...

In the end, ...

Getting back on track

As I was saying, ...

Where was I? Oh yeah, ...

What was I saying?

I lost my train of thought!

Glossary

lifeline

Writing emails in formal / informal register

Informal

Very boring meeting!

OK with you???

Speak soon!

Formal

I have a meeting all morning.

Does that time suit you?

Looking forward to speaking with you,

Useful phrases

To me, these images mean ...

I think they represent ...

I think we should ask about ...

So, which social media sites ... ?

My favorite news source is ... because ...

The results of this survey clearly show ...

From this survey, we can conclude ...

The results don't give us enough information on ...

UNIT 8 LANGUAGE SUMMARY

Nouns

Describing jobs

desk job
dream job
government job
main job
second job

Adjectives

Describing jobs

challenging
freelance
full-time
high-paying
part-time
permanent
stressful
temporary
tiring
tough

Considering jobs

If you saw this ad on your timeline, would you click to find out more?

If you were free to do it, would you apply for this job?

If I was single and didn't have kids and wanted to write a book or something, I might do it.

If I was the resort caretaker, I'd have a lot of free time to do all kinds of snow sports.

If a drone pilot was a high-paying job, I'd pick that one.

Talking about work/life balance

I wish I didn't have to work such long hours.

I wish I had more free time.

I wish I could take some time off next week.

I wish I hadn't promised to work this weekend.

I wish I had gone to a different college.

I wish I could travel / play a musical instrument.

I wish I had studied harder in high school.

I wish I was younger / older.

I wish I could get a different job.

Nouns

Work/Life balance

assignments
busy schedule
chilling out
commitments
downtime
family life
lectures
me time
office hours
seminars
shift
social life
time off

Adjectives

Work/Life balance

always connected
9-to-5

Talking through options

Is there any way you can (get out of it)?

Have you tried (talking to him)?

If I were in your shoes, I'd ...

You might want to ...

Maybe you could ...

Encouraging actions

It can't hurt.

I'd try that if I were you.

It wouldn't hurt to ask.

You've got nothing to lose.

Offering a warning

You don't want to do that!

I wouldn't do that if I were you.

You might not want to do that.

I'd avoid that if I were you.

Insider English

I guess I could. / I guess it wouldn't hurt.

Not for a million dollars!

Referencing others in a comment

Good for you, Tim!

There was one thing in particular that interested me in your conversation.

As Kayla said, it is important to keep up with what's going on in the world.

That's a really interesting question.

You point out that social media makes it easier to keep in contact with friends.

Personally, I think face-to-face contact with people is always better.

I wonder what other people have to say about that!

Useful phrases

If I had to ... , I think I'd ...

I'd really miss ...

If we held it at ... , then people might ...

I think we should / could ...

Why don't we ... ?

What about ... ?

We decided / thought that ...

We chose to ...

We want to / We'd like to ...

UNIT 9 LANGUAGE SUMMARY

Nouns

Places

arts center
boardwalk
city hall
construction site
consulate
courthouse
highway rest stop
laboratory
playground
public space
residential area
toll plaza

Talking about rules in different places

You may not skateboard here.
You aren't allowed to wear a hoodie.
You aren't supposed to bring your pets inside.
You are allowed to bring in your guide dog.
You may request an interpreter.
The cameras should be able to see you.
You're required to wear a hard hat.
You're supposed to ring the bell for service.
No one is allowed to chew gum in the study area.

Talking about rules in the past

Carriages were allowed to circulate freely before 1903.
Eno's rules said that drivers had to drive on the right.
They were not allowed to stop in the middle of the street.
Pedestrians were required to cross at the crosswalk.
You couldn't drink soda on Sundays.
All men were required to grow beards.
School teachers weren't allowed to get married.

Word families

Rules

ban / ban
control / control
limit / limit
oblige / obligation
permit / permission
prohibit / prohibition
register / registration
require / requirement

Making generalizations

Generally speaking, ...
People (don't) tend to ...
We generally ...
On average, ...
On the whole, ...

Contrasting information

We don't (tip) nearly as much as that.
Really? We don't do that where I come from.
We don't do it that way in my country.
We do things differently back home.
We handle (tipping) differently where I come from.
That's not how we do / say it in (Portuguese).

Insider English

I (don't) get it.

Glossary

license plate

Writing a message on a company's website

Fortunately / Luckily, your website ...
Disappointingly / Sadly / Unfortunately / Unluckily, there was no ...
Embarrassingly / Surprisingly, I had to ...
Happily / Amazingly, from then on, everything was wonderful.

Useful phrases

They might have problems ...
They may not be able to ...
They might not be allowed to ...
Local businesses could ...
Local authorities should ...
It'd be a good idea to ...
If there were enough space, they could ...
We discussed ...
We decided that ...
We suggest that ...

UNIT 10 LANGUAGE SUMMARY

Verb phrases

Discovery & Invention

carry out research
face a challenge
gain knowledge
make a breakthrough
make a connection
make a discovery
notice a phenomenon
provide insight
provide a solution

Talking about alternative outcomes

If the candy hadn't melted, he wouldn't have made the connection.
If farmers hadn't needed to dig a well, they wouldn't have found the statues.
If my friend hadn't moved to Berlin, I might not have ever gone to Germany.
If you had gone to Australia, what cities would you have visited?

Speculating about past events

He could have fixed the problem.
The referee shouldn't have allowed the goal.
England might have won the World Cup.
I shouldn't have posted that photo.
That might not have helped.
The dog could have jumped up on the table.

Verbs and verb phrases

Mistakes

blame
correct a mistake
fix a problem
get something right / wrong
make something right

Nouns

Mistakes

blunder
epic fail
error
fault
mistake
misunderstanding
mix-up

Keeping your listener engaged

But that's not all!
Wouldn't you know it?
You won't believe this, but ...
Well, you can imagine.
You know what?
Are you ready for this?
Isn't that amazing?

Showing interest in a story

Don't tell me you ... !
Let me guess – you ... !
That's so funny / strange / great / crazy / sweet!
You must be joking.
You can't be serious.

Insider English

Anyway

Writing about contrasts and similarities

Both your guests ...
He seemed interested, whereas she seemed bored.
I prefer the first one, even if it's not as nice as the second one.
Similarly, ...
Good inventions, by contrast, are ones that ...
Sure, they may ..., but they also ...

Useful phrases

The invention of ... was a turning point because ...
... changed history by ...
I think the most important invention was ...
If ... hadn't been discovered, we would(n't) ...
I think their invention was the most important because ...
... was a more important discovery than ... because ...

UNIT 11 LANGUAGE SUMMARY

Nouns

College life

association
campus
degree
dorm
facilities
faculty
freshman
grades
major
professor
semester
society
undergraduate

Talking about college life

I'll never forget getting my acceptance letter.

Sometimes I even forget to eat!

I remember seeing the labs for the first time.

I have to remember to study, too!

I stopped socializing so much.

If you stop to think about it, that's an education all by itself.

Talking about folk remedies

Carrots help you see better at night.

Honey calms a cough and lets you sleep.

Cheese doesn't make people have nightmares.

Does eating bread crusts make your hair curl?

The full moon makes people go a little crazy.

Word families

Science

science / – / scientist / scientific / scientifically proven

research / research / researcher / – / research-based

proof / prove / – / proven / medically approved

base (or basis) / base / – / based (on facts) / science-based

medicine / – / – / medical / medically approved

Discussing alternatives and making suggestions

Asking for options

Do you have anything else?

Can you suggest an alternative?

I'm looking for something different.

Suggesting alternatives

You could also try ...

Another option would be ...

It's / They're a good alternative.

Discussing disadvantages

It might not be the best option.

I don't think they're a great choice for ...

Responding to suggestions

I like that option.

That looks like a good alternative.

That could work.

Giving a personal recommendation

This one's always worked well for me.

If I were you, I'd choose / pick / go with ...

I've always had luck with ...

Insider English

Snake oil

Glossary

extracurricular

embrace

automate

banter

buzz

Writing a comment and supporting your opinion

First of all, ...

Where I strongly disagree with the article is on the point of ...

More importantly, it could ...

It's also important to remember that ...

Additionally, ...

And finally, ...

Useful phrases

One argument for keeping it is ...

Another good argument might be ...

As an alternative, we could ...

We think it's really important to ...

We need to consider ...

Would you consider ... ?

The main arguments for/against it were ...

In the end, we agreed to ...

We couldn't come to an agreement because ...

UNIT 12 LANGUAGE SUMMARY

Adjectives

Senses

bright
colorful
damp
deep
flavorful
fresh
high-pitched
melodic
musty
rough
scented
smooth
stinky
tasty

Verbs

Memories

bring back
look back on
recall
recognize
remind of

Adjectives

Memories

childhood
clear
distant
early
long-term
recent
short-term
vague
vivid

Talking about special moments

What I remember most about my childhood is my pet dog, Milo.
The thing I like most was licking the tasty icing off my fingers.
The thing I really liked about my family's old car was the sunroof.
What I remember about that moment was the salty smell of the sea.

Talking about false memories

That reminds me of winter breaks, especially the one with Nolan.
Most people feel sure about the accuracy of their memories. I know I do.
Do you have a false memory? If so, send us an email.
When you recall a memory often, it becomes distorted.
That's why this only happens with distant memories.

Recalling and sharing past experiences

Prompting a response

Do you remember that time we ... ?
Don't tell me you don't remember that.

Recalling a memory

I don't recall (getting lost).
That time's a bit vague anyway.
Yeah, that rings a bell.
It's all coming back to me now.

Sharing experiences

That reminds me of a story. ...
I had a similar experience once. ...
That's like the time (that) ...
Has that ever happened to you?

Writing a summary and response

While this may be true, it doesn't mean that ...
Despite the fact that ... , it's not a good argument for why we should ...
... ; however, there are other ways to ...
Although this point is true, it's off the topic.

Useful phrases

What about when ... ?
Do you remember when ... ?
An event I'll never forget was ...
What I remember most about ... was ...
Really? I remember it as ...
The things we remember most about this event were ...
Oh! I know. It was when ...
But I remember it differently. The way I remember it, ...

STUDENT'S BOOK AUDIO SCRIPTS

Track 1.08

Lesson 1.3, Page 7, Exercises 2A and 2B

1

A Do you two know each other?

B Sure do!

C Yeah, we go way back.

A Really? I had no idea!

2

A Have you met Chris?

B No, I haven't. Hi, I'm Toni.

C Hi, Toni. Good to meet you!

Track 1.17

Lesson 2.3, Page 17, Exercise 2A

Mark Anybody else want a hot dog before I, um, burn them?

Yuri Me, please! Yum! Thanks!

Mark Coming right up! There's also dessert in the kitchen, you know, when you're ready for it. It's buffet style, so help yourself.

Yuri Awesome, I'll check it out later. Great barbecue!

Mark Thanks. Oh, Grace, would you care for a refill?

Grace No, I'm good. Thanks anyway!

Mark Can I offer you another hot dog then?

Grace Mm! That'd be wonderful.

Mark You got it.

Track 1.22

Lesson 2.4, Page 18, Exercises 1A and 1B

Anna Ricardo, what do you want to drink? Do you want me to get you a coconut water?

Ricardo (*sarcastically*) A coconut water? at \$4.50 a bottle? No, thanks, I'll pass. I'd prefer tap water or an apple juice or something – at least it's cheaper.

Anna I know it's a lot, but it's worth it.

Ricardo You think so?

Anna Well, yes, for the health benefits, you know ...

Ricardo What health benefits?

Anna Well, food experts say that coconut water is just about the best thing you can drink. It is a rich source of potassium and it hydrates you better than normal tap water.

Ricardo And you believe that?

Anna Sure, I trust the experts and I know when I drink it, it's refreshing and it feels really good for me, for my digestion. Half of fruit juice is just made from concentrate.

Ricardo Hmm ... you sound like a commercial. I mean, that's what they say to get you to buy it, but it's only part of the story. Did you know that coconut water is also fattening?

Anna Fattening? Are you sure about that?

Ricardo Yeah. I mean, it isn't as bad as coconut milk or oil, but it still has a lot more calories than a simple glass of water from the tap. And anyway, it's not really about the health benefits, it's about sales, don't you think? Marketing departments try to sell everything as super foods and are responsible for so many food fads.

Anna Like what?

Ricardo You know how now the latest thing is eating "gluten-free." I mean, sure, for some people gluten allergies are a genuine health issue, but now it's even popular with people who don't have a problem with gluten, it's just become another food fad! Even products that have never contained gluten have gluten-free on the label. I saw organic apple juice with a gluten-free label the other day!

Anna I guess you've got a point there.

Ricardo It's the same with coconut water – they're just trying to get you to buy it!

Anna Well, it works for me! I like it and that's what I'm getting. So, do you want me to get anything for you? A glass of water from the tap maybe?

Track 1.29

Lesson 3.3, Page 27 Exercises 2A and B

1

A Oh man, you are not going to believe this.

B What?

A I forgot to bring you that cable you wanted. I'm so sorry!

B It's really no big deal. I don't need it till next week.

A Phew, that's a relief!

2

A I'm really sorry, but I just did the dumbest thing. You know that white shirt with the pearl buttons?

B Yeah.

A Well, I just did laundry and ...

B Oh no, don't tell me you washed it with your new red sweater.

A Yes! I didn't see it in there. I'm so sorry!

B Oh, it's OK. It's not the end of the world. It's just a shirt.

A But you really love that shirt, and it's all pink now.

B Well, pink's a nice color, too.

Track 1.38

Lesson 4.3, Page 39, Exercises 2A and 2B

A Hey do you want to go see that new superhero movie with me?

B (*sarcastically*) A comic book movie? Uh, I'll pass. They're all so dumb.

A What? I couldn't disagree more. The special effects are great, and they're really funny.

B Funny? Come on. They're written for 12-year-olds.

A That's not true at all. Take *Deadpool*, for instance. That movie's very funny, and the jokes are definitely written for adults.

B If you say so. Personally, I'd much rather see a spy movie, like James Bond. They're exciting, but realistic.

A You've got to be kidding. Evil villains and spy gadgets? Now, *that's* silly.

B No, no. You have it all wrong. That's the old ones. The new ones are really good.

Track 1.42

Lesson 4.4, Page 40, Exercises 1B and 1C

Havaianas, the Brazilian brand of beach footwear, has become a household name around the world. The company started in 1962 making sandals that were inspired by the flip-flops worn by Japanese immigrants. They were used originally by plantation workers in Brazil, but in the 1990s that all changed.

Havaianas decided to transform their brand. Leading designers invented new looks and color combinations, and soon almost every Brazilian in the country owned at least one pair. Next came international expansion.

The first step in the company's plan was product innovation and brand awareness. The company started to create accessories, such as bags, as well as updating its classic sandals with bright colors, which represented the country's fresh positive image. Like the beach, Havaianas became a symbol of Brazil, and one of its biggest exports. The sandals symbolized carefree summer fun to the whole world.

Second, the company positioned this everyday footwear as a luxury item in international markets. This meant that they could charge higher prices. In some countries a pair of Havaianas sell for three times the price in Brazil.

There were even limited edition deals with fashion labels such as Lacoste and Missoni – and so the flip-flops that were the footwear of workers turned into a status symbol worn by celebrities.

Today, Havaianas have hundreds of stores around the world, and they sell into 80 countries. The success of this simple yet innovative product is all thanks to the flexibility and creativity of its marketing teams.

Track 1.50

Lesson 5.3, Page 49, Exercise 2A

1

A I'm really sorry, ma'am, but there are no more tickets for tonight's show.

B Are you sure? What about tomorrow?

A I'm afraid there are no tickets left for tomorrow either.

B Oh, no. Well, that's life. Thanks anyway.

2

A Can I pick up my laptop later today?

B No, I'm sorry, sir. It won't be ready until tomorrow.

A That's too bad, but hey, I still have my phone!

Track 1.57

Lesson 6.3, Page 59, Exercises 2A and 2B

1

A I'm really sorry to have to ask, but may I have your seat? I sprained my ankle last week and standing on a moving train is difficult.

B Of course! Here, let me help you.

A That's much better. Thank you.

B No problem. I'm getting off at the next stop anyway.

A Well, I appreciate it.

2

A I don't mean to be rude, but would you mind if I cut the line?

B What? Yes, I do mind.

Track 1.60

Lesson 6.4, Page 60 Exercises 1A and 1B

Host Hello, everybody, and welcome to our weekly podcast on urban art projects. Today, we're going to Portland, Oregon, to hear about the Intersection Repair Project. It's a really interesting project that's gotten a strong community reaction.

First, let me give you a quick explanation of the project. So, intersection repair is a community art project where community members select an intersection and paint a mural on it. The main goal of the project is to, uh, bring people from a neighborhood together and give them an opportunity to build relationships by working on a project together. Some people think that the murals also help make streets safer by encouraging drivers to slow down, but that's not really main purpose of the project, community building is.

But does it work? We have some callers on the line from Portland to share their thoughts. First up, we have Eric from the Nob Hill area of Portland. Hi, Eric, and thanks for calling in. Now I understand that you actually worked on the project?

Eric Hi, yes, that's correct.

Host And how was the experience?

Eric In a word, *amazing!* The project brought together all types of people from the community – kids, the unemployed, the elderly – and everyone just did whatever they could to help out. It was kind of like one big family. It was probably the best thing I've ever done.

Host Well, that's great to hear. Thanks for calling in, Eric. OK, let's take another call. Hello? You're on the air.

Isabel Hi, this is Isabel from Belmont.

Host Hi, Isabel. Thanks for calling in. Were you part of the project, too?

Isabel Unfortunately, no. I only found out about it after they finished, which is a shame because I think it's such a fantastic idea. It's just a really great way to slow life down a little, you know? We're always running around and thinking about ourselves. This project is about slowing down, looking around you a little more, and being aware of others.

Host Great. Thanks, Isabel. Well, so far I'd say the community reaction seems to be really positive. OK, I think we have time for one more call. Let's go to Jeannette from Hawthorne.

Jeannette Am I on the air?

Host Hi, Jeannette, you sure are. Are you another fan of the project?

Jeannette Ehh, not so much. Look, community building is great and all, and sure, the intersections look pretty, at first. But these are public streets. They get a lot of traffic, and it doesn't take long before there are tire marks and stuff all over the murals. They don't look so pretty then. They need to be repainted every year or two. And in my neighborhood at least that hasn't happened.

Tracks 2.03 and 2.04

Lesson 7.2, Page 68, Exercises 1A and 1B

Host On today's podcast, we look at some research on digital technology and how it is affecting how we communicate. We have here Professor Dorothy Zárraga from Brown University. Dr. Zárraga, tell us about your research.

Dr. Zárraga Well, we interviewed people from different age groups to see if different generations communicate differently.

Host And what types of questions did you ask?

Dr. Zárraga We asked some questions about how they preferred to communicate. For example, we asked if they preferred to text or speak face to face. And we also asked them why they had that preference. We asked who they thought it was appropriate to text. Oh, and we also asked them when they thought it was *inappropriate* to text. Finally, we asked if they had social media accounts and how often they posted to them.

Host Well, it all sounds very interesting. Let's talk about your findings.

Dr. Zárraga Yes, well we found that people from different generations communicate very differently. Millennials tended to communicate digitally and had fewer face-to-face interactions – even in a work context.

Host Really?

Dr. Zárraga Yes, they said that text messaging was quicker and more natural. Remember that a lot of these young people use social media at work as well as in their private lives. They might even be podcasters or lifecasters having to communicate every bit of their lives. But even the lurkers – people who look at social media but don't post – are always online. It was the opposite for older people – no surprise there. They said they preferred to talk. Text messages weren't professional enough. They checked newsfeeds or made status updates only in their free time and only for non-work purposes. A few didn't have online profiles at all. Interestingly, all ages admitted texting members of their family even when they were in the same house! When we asked them why they did that, they said their kids, wives, husbands, were more likely to pay attention to a text message. One mom said that her kids were so lost in their own screens, following the latest trending topics or just wasting time looking at clickbait, sometimes she'd call them to dinner with a Tweet!

Host Well, I hope they actually talk when they're having dinner!

Dr. Zárraga Most families reported that they did still like to talk to each other during dinner.

Track 2.08

Lesson 7.3, Page 71, Exercise 2A

- A** Did you hear about Justin Marx? He won a scholarship to State College!
- B** Really? That's wonderful!
- A** Apparently, he had the highest test scores in his high school's history. His mother told me he couldn't believe it!
- B** Oh, his mother! How is Grace these days?
- A** I don't really know. I just saw her at the grocery store and she told me about Justin.
- B** It's just, well, she didn't look very good when I saw her the other day. I really need to call her.
- A** Great, yeah, you should do that. So, as I was saying, Justin's test scores were so high that he's getting a full scholarship!

Track 2.16

Lesson 8.3, Page 81, Exercises 2A and 2B

1

- A** I'm not going to be able to finish this assignment by Friday. I'm just not going to hand it in. I'll say I left it at home by accident.
- B** You really don't want to do that. Professors can tell you're lying, and that could affect your grade in the class. Why don't you ask for an extension? I asked my professor for one last month and she was fine with it. She gave me an extra week.
- A** Really? That would be perfect! I'll email my professor now.
- 2
- C** Oh, no! It's Dad's birthday! I completely forgot!... Ugh. I'll call him tomorrow and apologize.
- B** I wouldn't do that if I were you. You know how Mom is about birthdays. She will never let it go if you don't call him on his birthday.
- C** You already called, didn't you?
- B** Yep, and sent him a present. If I were you, I'd call right now and tell him that you'll get tickets to any ball game he wants.
- C** Yeah, that's good! I couldn't buy them before because I didn't know when he could go! Brilliant!
- B** Yes. Yes, I am.

Track 2.20

Lesson 8.4, Page 82, Exercises 1B and 1C

- Tim** Welcome to this week's episode from *The Tech Team*, where we'll be discussing digital detox. So, Kayla, have you ever done a digital detox?
- Kayla** A digital detox, me? Are you kidding? No way, I love my phone **way** too much!
- Tim** That's what I figured ... Just to clarify for our listeners, a digital detox is when you separate yourself from all digital devices for a period of time. And since Kayla is so against it, I signed up for a digital detox just last week in preparation for today's podcast.
- Kayla** I'm glad you stepped up, Tim, because I would never do that, not for a million dollars!
- Tim** Hey, you know, it wasn't that bad. We did it in this cabin out in the forest, and it was **really** quiet and relaxing. It was pretty easy most of the time, but there *were* times when I really wished I had my *camera*. It was so pretty and I really wanted to share some photos, but you know that's the whole idea -- you try and appreciate the moment while it's happening. You don't always have to share everything ...
- Kayla** What's wrong with sharing? That's one of the best things about smartphones.
- Tim** Yeah, but you know, sometimes we're so lost in our screens, we don't really see what's going on around us, and we can even forget to pay attention to the people who are there with us. ... I know I do sometimes.
- Kayla** Yes, I guess we all do, but that's just modern life, isn't it? I mean, I don't think technology is bad. It is what it is.

- Tim** It's not so much that technology is bad, it's just that it's with us all the time. And I wanted to appreciate it again, to really *feel* how *big* it is in our lives. And I don't think you can do that without giving it up.
- Kayla** I appreciate it. I LOVE it! I don't have to give it up to know that. Did you ever miss it, besides the camera, I mean?
- Tim** Well, like, first thing in the morning was difficult. I really missed reading the news, finding out what was going on in the world, and catching up with family and friends, too. That was kind of strange, not knowing what was happening. I even felt a little panicky sometimes!
- Kayla** Oh, I really couldn't do that. It's so important that we know what's going on in the world, and with our families ...
- Tim** Well, it *was* only four days, and people *knew* where we were. But being disconnected made me think about how much time I really do waste on my phone when I could be doing something better, like maybe talking to my family instead of just reading their posts. I think you should try it sometime, Kayla.
- Kayla** No way! I am very happy with my 24/7, always connected life, thank you very much!

Track 2.26

Lesson 9.3, Page 91, Exercises 2A and 2B

1

- A** You know, it took me some time to get used to people saying "uh-huh." You say it a lot!
- B** Uh-huh. I mean, yeah, we do.
- A** Right, but it doesn't only mean "yes." You also say it ... just to show interest when someone's talking to you.
- B** OK, yeah, I guess we do.
- A** But you also say it sometimes to mean "you're welcome," like after someone says "thank you." That's not how we do it in Portuguese.
- B** No?
- A** No. To me it sounds like "Thank you!" -- "Yes." I expect "Thank you!" -- "You're welcome." Not "Thank you!" -- "Yes!"
- B** Ha! I see what you mean. OK, well, I promise not to do that in our conversations.
- A** Thank you.
- B** You're welcome!
- 2
- A** You know, there's another thing that still confuses me.
- B** What's that?
- A** When you want to buy something, you look at the price tag and see the price. But here, when you go to the checkout, the price is always a little higher.
- B** Right, but that's because of the tax. They add the tax at the register.
- A** I know, but why? Why doesn't the price on the price tag include the tax? Where I come from, you always know exactly how much you need to pay.
- B** Umm, I don't know. I've never really thought about it. I just look at the price tag and add a little more to it in my head for tax.
- A** We don't do it that way back home. In Brazil, the price includes the tax.
- B** Huh. You know, I think I prefer your way!
- A** Me, too!

Track 2.34

Lesson 10.3, Page 103, Exercises 2A and 2B

1

- A** I did something really dumb the other day. I was talking to my mom on the phone at the station and wasn't really paying attention, I guess, and ...
- B** Let me guess -- you got on the wrong train.
- A** No, it was the right train, ... but in the wrong direction. I didn't realize what I had done until we got to the end of the line.
- B** You can't be serious! How could you not know?
- A** I fell asleep!

2

- A** My wife is really mad at me.
B Don't tell me you forgot her birthday again.
A Worse. I forgot our son's birthday!
B That's awful! Why don't you put things like that in your phone's calendar?
You could set a reminder for the day before, so you'd have time to buy gifts and everything.
A That's a good idea! I'm going to do that. In fact, I'm going to put in everybody's birthday right now! ... Uh, what's yours again?

Track 2.37

Lesson 10.4, Page 104, Exercise 1B

- Host** Hello, listeners, and welcome to *Miracle or Mistake*, the show where we examine the biggest inventions through history and decide if they turned out to be good or bad for people and the planet.
Everybody agrees that some inventions have been just terrible – the plastic bag, cigarettes, some pesticides. But other inventions cause more differences of opinion. With me today are Renato and Paula, and they represent different opinions on many things. Take, for example, the invention of the automobile – the car. Now, Paula, you're a fan ...
- Paula** Absolutely, the car is one of the greatest inventions of all time. I mean, when cars were first invented, could anybody have imagined how much we would depend on them one day? Just think for a moment what life would be like without them. I use my car every day – it's part of my life.
- Renato** Well, good for you, but not all of us feel that way. I mean, compare riding a bicycle and driving a car. In a car, you don't get any exercise, you spend hours a day stuck in traffic, and your car pollutes the planet. Cars are a nightmare. Life would be better without them.
- Paula** Yes, OK, no one is saying cars are all good, but even with traffic a car is faster than a bus. And have you ever driven down a long, beautiful country road, felt that sense of freedom? It's amazing.
- Host** Well, I think you two are going to have to agree to disagree on this one. But I have some other inventions for you to argue about. OK, the microwave oven.
- Renato** I'm OK with microwaves.
- Paula** You can't be serious! That's no way to cook food!
- Renato** It's good for heating things though, and I eat a lot of frozen food.
- Paula** Yuck! If you cooked *real* food, you wouldn't need a microwave.
- Host** What about the dishwasher?
- Paula** No way! You can easily wash dishes by hand. No one needs a machine for that. Besides, dishwashers are noisy and not at all green.
- Renato** Oh? Are you sure about that? I mean, I've always heard that dishwashers are actually better, that they use *less* water than washing dishes by hand. And I love my dishwasher. It's so convenient. And everything comes out super clean.
- Host** OK, here's a final one for you to fight about: the internet.
- Renato** I was wondering when you were going to get to that one. Now that is something we can't live without. I hate it sometimes, but I can't function without it. No one can!
- Paula** For once, Renato, I think we agree on something.
- Host** What's *your* opinion on the best and worst inventions? Send us your thoughts on things you wish didn't exist and things you couldn't live without.

Track 2.44

Lesson 11.3, Page 113, Exercise 2A

1

- A** I need to get a new charger for my phone. The cord is breaking on this one. What do you suggest?
B Well, let's see ... I'd say try this one. I've never tried it, but I've always had luck with this brand. Their stuff is really well made – you know, strong. I'd recommend this one.
A OK, I'll take it. Thanks!

2

- C** Laurie, what do you think? Which coat should I buy? I can't decide between the short, black one and the longer gray one.
D Hmm. If I were you, Mom, ... I'd go with the gray one. It's for work, right?
C Yes, and for nice evening events.
D Then definitely the gray – much more elegant.
C You think so? Yeah, I think you're right. I'll go for the gray. Thanks, sweetheart.

Track 2.51

Lesson 12.3, Page 123, Exercises 2A and 2B

- A** Well, I was just driving along in the mountains and suddenly this deer ran out onto the highway, right in front of me. I almost hit it! The whole thing happened so fast, and it was really scary. Has that ever happened to you?
B Oh, sure. I nearly ran over a fox once, just around the corner from our house! I didn't even know foxes lived around here.
C You know, I had a similar experience once, but it was a kangaroo!
A You're kidding!
C No, seriously. It happened when I was on vacation in Australia. I had no idea what it was at first. I just hit the brakes like crazy.
B Oh, my! That's like the time we saw that big shark. Remember? When we were scuba diving? Where were we?
A Umm, I don't recall that at all. When did we see a shark?!

Track 2.53

Lesson 12.4, Page 124, Exercise 1B

Teacher Morning everybody! We're going to continue our debate prep today with presentations from both sides. As you know, the topic is "Should people keep dogs as pets?" So, yesterday you formed two teams; team A argued that people shouldn't keep dogs as pets and Team B argued that they should. To finish the debate, we'll hear a summary of each group's position from one lucky volunteer. So, let's start with team A. Kenan, that's you, correct?

Kenan Yes, that's right.

Teacher Great. So, let's get started.

Kenan Well, first of all, we think there is a common misunderstanding about keeping dogs as pets. People say they are "rescuing" them and making their lives better. For instance, they let them live in the house, put coats on them when they go outside in cold weather, buy expensive factory-made food for them, take them to a dog groomer – like a hairdresser for dogs! But this isn't helping the dog. It's forcing an animal to live an unnatural life. Take living inside – this is a bad idea for many reasons. First, researchers have found that dogs get depressed when they have to stay inside all day. Second, indoor dogs are usually overweight. So it's bad for their mental health and their physical health. Another reason is that, all through history, dogs have been working animals. They like to work, to have a job and a purpose; for example, protecting sheep, guarding homes and businesses, hunting, and pulling sleds in the far north. And all those jobs help people AND they keep the dogs happy and active. So, in conclusion, we'd actually be helping dogs a lot more by keeping them as working animals and not as pets.

Teacher Thank you, Team A – you have some very convincing arguments there. So, now let's hear from the other side. You are going to oppose the statement. And Lucia, I understand that you are the spokesperson?

Lucia That's right.

Teacher OK, when you're ready ...

Lucia Well, we really disagree with the statement that people should not keep dogs as pets. Kenan mentioned that dogs have always helped people, and he's right. But they still help us, and we still want to take care of them. /Dogs make our lives better in three important ways. One: dogs are reliable and trustworthy. You can't predict how humans are going to behave, but if you train and treat a dog well, it will be a loyal and reliable helper its whole life. Two: dogs are good for children. They protect our children, but having a dog also teaches a child to be caring and responsible – skills we need our whole lives. Three: dogs play an important role in society. Think of service dogs and the help they give us, like finding people after an earthquake or helping blind people move through the world or working with the police to find criminals. So, in conclusion, there are so many ways that dogs and humans help each other, it would be ridiculous to say that dogs should not be kept as pets...!

Teacher Thanks very much, team B. You presented a very good counter argument. Now, let's vote to see who made a better case.

Track 2.54

Lesson 12.4, Page 124, Exercise 1C

- 1 Kenan** People say they are "rescuing" them and making their lives better. For instance, they let them live in the house, put coats on them when they go outside in cold weather, buy expensive factory-made food for them, take them to a dog groomer.
- 2 Kenan** But this isn't helping the dog. It's forcing an animal to live an unnatural life. Take living inside – this is a bad idea for many reasons.
- 3 Kenan** First, researchers have found that dogs get depressed when they have to stay inside all day. Second, indoor dogs are usually overweight, so it's bad for their mental health and their physical health. Another reason is that, all through history, dogs have been working animals.
- 4 Kenan** They like to work, to have a job and a purpose; for example, protecting sheep, guarding homes and businesses, hunting, and pulling sleds in the far north.
- 5 Lucia** Dogs make our lives better in three important ways. One: you know where you stand with a dog... Two: dogs are good for children... Three: dogs play an important role in society.
- 6 Lucia** Think of service dogs and the help they give us, like finding people after an earthquake or helping blind people move through the world or working with the police to find criminals.